

## Appendix 2 – External Day Service Provision

Day Services	Total No of Clients	Description	Shop4 Support Entry	Daily Unit Cost £	Total Spot Purchase Cost £
<i>Anjali Day Centre</i>	105	Part of Sancroft Hall. Focused mainly on Asian older people, mainly PD		37.66	489,580
<i>Maya Day Centre</i>	39	Part of Sancroft Hall. Focused mainly on Asian older people, mainly PD		37.66	
<i>Byron Day Centre</i>	70	Part of Sancroft Hall. Dementia older people		37.66	
<i>CMSS</i>	8	Serves people from different boroughs. PD and LD Skill development centre, offering tailored activities in-house as well as in the community, including vocational programmes, mainstream qualifications, work experience as well as life skills and leisure activities.		92.09	138,871
<i>Harrow Activity Centre</i>	18	LD under 65, run by Mencap, offering a range of activities.		22.00	99,333
<i>Community Solutions</i>	11	Run by Mencap Harrow. A range of services to meet individual needs, including support in accessing social and leisure activities.	✓	47.75	88,151
<i>Flower Lane Centre, Barnet</i>	2	Day centre for learning disabilities, with a specialism in autism. Provides 1:1 support.		202.48 to 240.04	115,055
<i>Kids Can Achieve</i>	6	Support for children, and some adults, with emotional, social and behavioural difficulties, autism and LD. Intended to engage children with mainstream education.		36.25 – 39.10	124,925
<i>Leonard Sainer Day Centre</i>	2	For Jewish elders with a programme of activities for people with dementia or memory impairment		46.75 to 48.62	4,959
<i>Nas Radlett Lodge, Acton centre</i>	3	Part of National Autistic Society, for people with autism and learning disability.		106.57 to 114.43	91,356
<i>Sense, 12 Hyde close Barnet</i>	4	1:1 support for high level needs for people with LD, PD, and dual diagnosis		126.97 to 197.73	143,582
<i>Sneh Care, Brent</i>	7	For Asian people with learning disabilities and mental health problems, including dementia. Range of activities, Asian music, dance, handicrafts, outings, skills in cooking, shopping, literacy, numeracy.	✓	46.92	12,802
<i>Templeton Centre</i>	7	Saturday centre for older people with dementia	✓	45	45,000

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<i>Weldon Activity centre</i>	14	LD 18-65, offering a range of social, therapeutic, leisure and work related activities	✓	17.00	48,008
<i>Shaw Trust</i>	12	Services for people with various kinds of disabilities or medical conditions, who live in the surrounding boroughs of Harrow, Brent and Barnet. Provides an alternative to traditional daycare. Activities include: socialising, horticulture, skills for working life, NVQ level 1 in horticulture, work placements.		35.00	70,630
<i>Choices 4All</i>	6	Provide person-centered training for young people and adults with learning disabilities. All the trainees are helped to gain new skills, both to help with independent living, and to help with finding paid work.		37 to 59 depending on need	34,345
<i>Development and Learning Opportunities Ltd</i>	2	Provides a service to young people aged 16-25 years who have severe and profound learning disabilities. Activities include use of public transport, sports and leisure, shopping, arts and crafts, music, cooking and money management.		227.18	11,813
<i>Drive</i>	1			£67.29	3432
<i>Hamilton House</i>	1	Scope day service in Hove, Sussex, for PD and LD		71.32	11,197
<i>Hoffman Foundation for Autism, London</i>	1	In Haringey ; care home as well as day activities		165	42,900
<i>Norwood Ravenswood</i>	3	Supports people with learning disabilities and children and families in need in the Jewish community and to people in the wider community, in London and the South East. Norwood offers a range of services to support the varying needs of adults aged 19 years and over, who are registered as having a learning disability. Supports them to access training and employment opportunities, develop their skills, and where possible, to find jobs, make friends.	✓	118.79	43,358
<i>Willesden resource Centre</i>	8	Provides day services and outreach support for people with			

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		a learning disability, physical disabilities, sensory impairments, communication development needs and associated health needs, 1:1 and 2:1 support if necessary, for complex needs. Support people to access community activities.		49.00	98,451
<i>Wilsmere House</i>	1	Care home run by Barchester in Wealdstone, also provide supported living, and also have care homes in other parts of country.		71.72	18,718
<i>Sudbury House</i>	1			30	4,680
<b>Total</b>	<b>336</b>				<b>1,753,887</b>

## **Appendix 3**

### ***Other Local Authorities carrying out reviews of day centres***

#### **BRENT**

Brent Council carried out a review in 2010 which saw the closure of two out of three day centres in 2011.

The original consultation took place two years ago and focused on Learning Disabilities. In 2013, phase two will look at Physical Disabilities and Older People.

The reason for the closures was a strategic one as Brent wanted to support more service users in the community. Brent's aim was to have fewer centre buildings with a replacement of purpose built centres for those people with profound needs.

They are now in the process of carrying out a review and options appraisal of the council's remaining learning disability services and day care for older people. These services include outreach, day care, adult placements and social networks for people with autism and learning disabilities (based at two sites), day care for older people and people with disabilities and residential care in one group home. The review and options appraisal will set out recommendations relating to working with expert partners; improving the quality of services delivered; facilitating greater service user control and efficiency improvements.

The cabinet decision is due by 31<sup>st</sup> Jan 2013

#### **HILLINGDON**

The local authority has proposed replacing Woodside Day Centre, the Phoenix Day Centre and the Parkview Day Centre with a single day centre at Queens Walk.

The Council have stated that the proposed changes would enable service users to have more choice and independence through offering care and support tailored to their needs. Families and carers were fully involved in the proposals, the council had carried out a full consultation over a two-month period, involving a range of meetings with people using services and their families. People were also invited to have their say on the council's website or by calling it directly. They emphasised that they will continue to support service users and their family carers throughout this process

The Council is currently being legally challenged on its decision and the challenge is proceeding through the courts.

#### **STOCKPORT**

A review of Day Care was carried out by Stockport Council. A number of issues were identified; they also considered special needs transport to centres and use of buildings.

The main overall weaknesses identified in relation to current day services include:

- A hotchpotch of services with a lack of information on what is available and confusion about criteria / the referral process
- A lack of stimulation and activities
- A lack of services in the West of the Borough despite local demand

- Significant transport issues around provision and criteria
- Poor provision in terms of diversity

The main strengths identified for available services included them being more community based, less institutionalised, less formal, more stimulating, arranging trips out, and offering some specialist services (for example, for Black and Minority Ethnic service users and service users with a dementia and their carers).

Good services were mainly identified as being able to provide personal care, having a high level of paid staff, providing meaningful activities and stimulation, and ensuring service user and carer involvement.

### **Development**

A key area for development identified for was to monitor and develop more varied and dynamic activities. In addition there was a need identified to be able to meet higher levels of physical and mental health needs, having more flexible times, and being more community inclusive.

The main areas of development identified for day services in general include:

- Service user involvement groups that help shape services
- Meaningful, varied and stimulating activities to help improve people's physical and mental health
- Reablement and promotion of independence to improve people's skills (including around mental functioning)
- Promotion of Direct Payments and personal budgets to ensure innovation, choice and quality
- Use of Telecare as a day care alternative
- Increase in joint working between Health, Social Care and Voluntary Sector
- A co-ordinated Day Service Strategy, including the needs of people with dementia
- Development of a more comprehensive and holistic community service meeting the diverse needs of the population
- or conversely specialist services, particularly for people with mental health needs
- Less building based services
- More flexible opening hours / days, including a seven day service / longer hours / evening service

### **HAMPSHIRE**

Hampshire manages 12 main day services, attended by 802 people with learning disabilities. They have proposed changes in order to provide more choice for individuals and opportunity to integrate with mainstream community activities.

There has been evidence that young people are not choosing to attend the Council day services. The buildings are in isolated settings, making the users more isolated. Many of the buildings are old, which makes them too big for the number of users, expensive to maintain due to their age, and unsuitable for users with profound and multiple learning disabilities, who are predicted to increase in numbers over the next twenty years. The services are in general more expensive than alternatives run by the voluntary and private sector.

Under the proposed changes, the services would be re-focused on users with significant disabilities living with family carers. The services will be relocated to three new bases offering

enhanced facilities for those with complex needs. The more able will be provided with a choice of alternatives. People will be supported to access mainstream and alternative support services where possible. Community Link services will be developed to provide information, advice and help.

It is thought that proposed changes will improve the sustainability of in-house services through creating more attractive and modern building bases.

Consultation took place at the end of 2010. It was proposed that changes would be incremental over two years, with priority given to day services with the most unsuitable buildings.

The final plans were agreed by councilors on 16th May 2011. The proposals consisted of relocation of day services to modern venues that were fit for purpose and more integrated into the community. These services focused on specialist provision for those with complex needs and the provision of a wider choice of activities for service users with a disability.